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# 4-H News

## River Valley District

**January &  
February  
2023**

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**HAPPY  
HOLIDAYS**

***From the 4-H Staff***

Wishing all our 4-H youth and families a Merry Christmas and a Happy New Year! It has been a successful and fun year making the best better. We look forward to 2023 and all it has to offer as we set out to use our head, heart, hands, and health to make our community a better place.



### ***District Club Day***

District Club Day is right around the corner. It will be held Saturday, February 18, 2023 at the Washington County High School in Washington, KS. This is a great time for all 4-H youth to show off their individual and club talents. If you have not registered and are wanting to, contact your 4-H Club Leader or your local Extension Office. All registration forms are due to your local RVD Extension Office on January 11<sup>th</sup>, 2023.

We will be offering judging contests again this year for youth to participate in. These contests will provide the opportunity for top placing participants to qualify to judge at the Kansas State Fair. Judging competitions that will be at Club Days are FCS, Crops, Photography, Horticulture, and the Livestock Skill-a-thon. All youth are encouraged to participate as it is a great opportunity for our youth to increase their knowledge.

When all scheduling is completed we will email out the schedule and any additional information needed for District Club Day. The District Club Day Rule Book is available in your local office or on the RVED webpage or can be emailed out from your local Program Manager. If you have any other questions please call your local Extension office.



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Kansas State University Agricultural Experiment Station and Cooperative Extension Service

## ***4-H Day with K-State Women's Basketball***

Kansas 4-H is excited to announce the upcoming date for our annual 4-H Day with K-State Women's Basketball. 4-H Day will take place on February 12, 2023, with tip off at 1:00 p.m. There are two packages for this game.

\$25: Will include a ticket, \$10 concession voucher, and a T-Shirt

\$15: Will include a ticket, and \$10 concession voucher

To register scan the QR code below. Come join us for a fun day cheering on the Cats!



## ***4-H Project Record Award Deadline***

The next phase of the Kansas 4-H Project Recognition process is the Regional Project Award Screening. Senior-aged 4-H members are eligible to advance to the regional screening if they are chosen as the project award winner in their local unit. All county champions have been notified by their local Extension office. Only one youth per project area is allowed per County Extension Unit. Extension Districts such as River Valley may submit records equal to the number of counties that make up the district; therefore we can have up to 4 youth representing the River Valley District in each project area. Each 4-H member must submit a separate project award for each program in which they are eligible. This year's Northeast Area Project Record judging will be held in Manhattan on January 20, 2023. If you plan to send your project record please turn in your completed updated record to your local Extension office by Friday, January 12, 2023.

The following items must be turned in for a complete Regional Project Award submission:

1. Check Sheet
2. Personal Information Page
3. Project Report Form
4. Cover Letter
5. Resume

There are several helpful resources to help you prepare your Cover Letter & Resume. They can be found online at: <https://www.kansas4-h.org/resources/awards-and-recognition/regionalscreening.html>

## ***Regional Club Day***

Regional 4-H Club Day will be Saturday, March 25, 2023 at the Clay Center Community High School in Clay Center.

You are able to attend Regional Club Day if you have received a Top Purple in eligible divisions at District Club Day. If you are eligible to compete at Regionals you will be contacted by your local RVED office after February 18, 2023.

Regional Club Day entries will be due to our offices Monday, March 6<sup>th</sup>, 2023.

## ***Brooke Stamm Joins 4-H Team in Washington County***

Hello, 4-H families!

I am so excited for the opportunity to be back in Washington County as your 4-H Program Manager. Many of you may already know me from my years as a Farmington 4-Her. I look forward to seeing some of your familiar faces, as well as meeting several new ones.

I grew up outside of Washington and was active in 4-H and FFA. After high school, I attended K-State and graduated in 2015 with a degree in Horticulture. During my college years I spent two summers interning with K-State Research & Extension in McPherson County, which is where I first started to realize my passion for working with 4-H youth. Since then, I have spent the past 7 years working at Loma Vista Nursery in Ottawa, KS as a propagation and perennial plant manager. While I really enjoyed my time in plant production, I am beyond thrilled to start this new journey working with all of you.



My daughter and I recently moved back to Washington, and we are loving every minute of it. Being here has been a great reminder of how supportive our small communities are. In my spare time I enjoy baking, gardening, and spending time with my family.

Some of my favorite 4-H projects growing up were sheep, foods, and clothing. I can't wait to get started helping each of you learn and excel in your own favorite project areas in the future! You can reach me at 785-325-2121, or via email at [brooke6@ksu.edu](mailto:brooke6@ksu.edu). Please feel free to stop by the Washington office anytime with questions or to say hello!

## ***Citizenship In Action***

What is Citizenship in Action or CIA? This is a great opportunity for youth between the ages of 13-18 to travel to the Kansas State Capital in Topeka and observe how our state legislation works. The 2023 Citizenship In Action will be held on **February 19<sup>th</sup> and 20<sup>th</sup>, 2023**, so be sure to mark your calendar for that Sunday and Monday.

The intended goal of this event is for our youth to understand they have a voice and to learn how to participate in making important decisions. Youth who attend this event will have the opportunity to meet with the House of Representatives and State Senators from the communities they live in. They will get to tour the Capital building, as well as have the chance to watch a live session of the House of Representatives. Transportation and chaperoning for CIA will be provided by Extension Staff. Please watch for emails from the State 4-H Office featuring more details about this event.

### ***Looking for Adult Volunteers to Judge Project Records***

Are you interested in spending the day with the 4-H staff? We are looking for individuals that might be willing to help judge senior level project record books in Manhattan on January 20<sup>th</sup>, 2023 for the NE region judging. You can catch a ride with us if you like. Contact your local 4-H Program Manager or Macy Hynek – 4-H Youth Development Agent by January 10<sup>th</sup> if you are willing to help. Thank you in advance!



## *National 4-H Congress*



In March of 2022, River Valley District 4-Her, Natalee Bray from the Sherdahl Boosters 4-H Club in Republic County was honored to hear that her 2021 4-H Horse Project Record book had won at the State Level. She was then eligible to attend the National 4-H Congress in Atlanta Georgia at the end of November. We would like to congratulate her again for representing the River Valley District and being another delegate from the State of Kansas.

Here is what Natalee said about her trip:

“Over Thanksgiving break, I had the privilege to attend the National 4-H Congress. This truly was an experience of a lifetime.

During my stay in Atlanta, Georgia I was able to attend multiple amazing and eye-opening workshops with people from around the country including Puerto Rico.

Being able to converse with all these people and see just how similar our organization is and how it has brought all of us together because of the same thing, our love and passion for 4-H.

While there I was able to participate in a service project at Decatur Parks. I helped tear out weeds and pick up leaves and trash.

Not all 800 of us went to Decatur Park, they split us up and others went to a local school, museums, and other parks so we could make the biggest impact. On the last day I got to visit the Atlanta Zoo and the National 4-H Congress Gala.

Overall, I learned a lot of valuable knowledge and I came back home with lots of new ideas for my community. I highly encourage anyone who has an opportunity to go on this trip to take it because you will not regret it!”

## *Jr. Producer Days*

Dates for the 2023 Junior Swine Day and Junior Goat Day have been released! These events will be held in Weber Arena on the Kansas State University campus in Manhattan. Youth, parents, volunteers, and Extension Agents are encouraged to attend and expand their knowledge about the Swine and Goat project areas. YQCA Training will be offered after sessions have concluded. Lunch and a t-shirt are included in the registration fee if you register before the registration deadline.

Junior Swine Producer Day will be on **Saturday, March 11<sup>th</sup>**. Sessions this day will cover Meat Science, Swine Breeds and Ear Notching, Equipment & Daily Care, Reproduction, Swine Health, Nutrition, Clipping-Hair Care-Show Day Prep, and Showmanship. The registration deadline is **February 15<sup>th</sup>**, the fee is \$20. The fee increases to \$25 after the February 15<sup>th</sup> registration deadline.

Junior Goat Producer Day will be held on **Saturday, March 18<sup>th</sup>**. Sessions this day will cover Meat Science, Nutrition, Facilities & Equipment, Health and Wellness, Showmanship, Reproduction, and Clipping and Grooming. The registration deadline is **February 22<sup>nd</sup>**, the fee is \$20. The fee increases to \$25 after the February 22<sup>nd</sup> registration deadline.

Stay tuned to your email and Facebook for more information as these dates get closer.

## ***Livestock Weigh-in Dates***

We know it is early to be thinking about spring weigh-ins and tagging, but please mark your calendar with the following dates. You may choose to tag/weigh your livestock at any of the offered times and locations for that specie in the River Valley District.

No tagging will be allowed to be completed at home for any species for any reason. All tagging must be completed on one of the following dates and times.

### **2023 Beef Weigh-In—**

All Market Beef, Second Year Bucket Calves, and state nominated Commercial Breeding Heifers must be tagged at a RVD weigh-in/Tagging. Commercial Breeding Heifers must have an EID tag for the state livestock shows, including Kansas State Fair and Kansas Junior Livestock Show. Registered Breeding Heifers for state shows and breeding stock for the county fair do NOT need an EID tags.

<b>County</b>	<b>Date</b>	<b>Time</b>	<b>Location</b>
Clay	Saturday, March 11 <sup>th</sup>	9:00 a.m. – 11:00 a.m.	Salava Vet Clinic
Washington	Saturday, March 11 <sup>th</sup>	9:00 a.m. – 11:00 a.m.	Animal Health Center
Republic	Saturday, March 19 <sup>th</sup>	2:00 p.m. – 4:00 p.m.	Belleville 81 Livestock
Cloud	Saturday, March 19 <sup>th</sup>	5:30 p.m. - 7:00 p.m.	Cloud County Fairgrounds

### **2023 Sheep, Goat, and Swine Weigh-In—**

All Market Sheep, Goats, and Swine for the county fairs, as well as Commercial Breeding Sheep, Goats, and Swine for State Shows, must be tagged at a RVD weigh-in/tagging. Registered Breeding Sheep and Swine do no need EID tags.

<b>County</b>	<b>Date</b>	<b>Time</b>	<b>Location</b>
Washington	Monday, April 17 <sup>th</sup>	5:30 p.m. – 6:30 p.m.	Washington Co Fairgrounds
Cloud	Tuesday, April 25 <sup>th</sup>	5:30 p.m. – 6:30 p.m.	Cloud Co Fairgrounds
Clay	Thursday, April 27 <sup>th</sup>	5:30 p.m. – 6:30 p.m.	Clay Co Fairgrounds
Republic	Saturday, May 6 <sup>th</sup>	9:00 a.m. – 10:00 a.m.	NCK Fairgrounds

Beef EID tags will be \$4 per tag. Sheep, Goat, and Swine EID tags will be \$3 per tag. Payment is required at the time of tagging, so please bring small bills or a check payable to River Valley Extension District.

## ***Scholarships Available***

Are you a high school Senior or a college student planning to enroll at college in the fall 2023 semester? There are over 50 different 4-H scholarships available to help fund higher education. Visit <https://www.kansas4-h.org/resources/awards-and-recognition/scholarships.html>, to learn more about these scholarship opportunities. All applications with supporting documents and reference letters must be submitted online no later than March 1st, 2023.

Check with your local 4-H Program Manager for local scholarships that may be available too.

## ***Spring Spectacular RVD Rabbit Show***

The River Valley Rabbit Club is excited to host their annual Spring Spectacular 4-H Rabbit Show again! The show will be held on **Saturday, April 1st** at the Clay Center Armory in Clay Center, Kansas. The Spring Spectacular Rabbit Show will be a double show.

Doors will open at 7:30 a.m., with the show beginning at 9:00 a.m. There will be contests for Breed ID, Judging and Showmanship. Entry fees will be \$4 per rabbit for one show or \$7 per rabbit for both shows. The fee for the Fur Class will be \$2.00 per each fur class entry. Entries can be sent to Steven Wright by email to [stevenwjedi@gmail.com](mailto:stevenwjedi@gmail.com). ALL entries must be completed by 8:30 a.m. the morning of the show.

There will be a concession stand and a raffle. The members of the River Valley Rabbit Club would enjoy having you come support them at the show! For more information you can contact Steven Wright by email at [stevenwjedi@gmail.com](mailto:stevenwjedi@gmail.com) or by phone at 785-265-3019.

## ***4-H'ers Attend Kansas Youth Leadership Forum***

Six 4-H'ers, and one chaperone from the River Valley District attended Kansas Youth Leadership Forum (KYL) at Rock Springs Ranch on Saturday and Sunday, November 19 and 20. Rock Springs hosted the Kansas Volunteer Forum (KVF) the same weekend, where River Valley had two adult volunteers attend.

4-H youth and volunteers listened to keynote speaker, Kent Julian's presentation "Dream to Do". Julian talked about having a mindset of E (events) + R (response) = O (outcome). This mindset explains how your response to a certain event will determine the outcome. Julian talked about how people get stuck in the dreamland of their goals and never actually accomplish the objectives they seek to achieve. However, with the right environment and with a positive response anybody can achieve those goals.

On Saturday afternoon, youth and volunteers went to break out sessions learning about networking, growing as an individual, leadership, setting and achieving goals, and so much more. After a day full of growth becoming leaders of tomorrow, youth spent an evening dancing, playing games, and building lifelong friendships with peers from across the state of Kansas.

This state event was a great opportunity for our youth and volunteers to build their leadership skills, network with others, and to grow as individuals.



## **Key Award Winners**

River Valley District is pleased to announce that fourteen 4-H members were presented their Key Award at their county's Achievement Celebration in November. The Key Award is the highest award a 4-Her can achieve during their 4-H career. You must be at least 16 years old, have been in 4-H a minimum of four years and have been enrolled into the Leadership project for at least four years. If one of your goals is to reach this achievement, please visit our website at <https://www.rivervalley.k-state.edu/4-h/awards.html> and check out the Key Award application now, so you see the requirements and plan so you can reach the top like these RVD 4-H members did.

### **CONGRATULATIONS goes to these individuals across the River Valley District.**

**Clay County** - Allison James and Chayla Maichel - Lincoln Creek 4-H Club, Levi Musselman and Sierra Stewart - Washington Headliners 4-H Club

**Cloud County** – Levi Cool and Bricen Schmidt – Miltonvale Hustlers 4-H Club

**Republic County** - Isaac Morris and Zachary Piroutek - Discovery 4-H Club, Clayton Carlgren - Eager Beavers 4-H Club, Ella Pachta - Novy Munden 4-H Club, and Kiersten Morgan -Sherdahl Boosters 4-H Club,

**Washington County** – Reanna Rencin - Happy Spirit 4-H Club, Katelyn Klipp – Happy Worker 4-H Club and Bryan Baxter – Stick to it 4-H Club

## **Building Blocks of Babysitting**

Being a babysitter is a great opportunity, whether just for one evening or the entire summer, but caring for a child is also a very big responsibility. Attend “Building Blocks of Babysitting” so you have the foundation to be the best babysitter possible. Topics covered will include ages and stages of children, basic first aid and emergency procedures, activity ideas, and more! Kaitlin Moore, Macy Hynek, and Jordan Schuette, Extension Agents for the River Valley Extension District, will offer Building Blocks of Babysitting in each of the counties in the River Valley District to youth that have completed 6th grade and higher.

Mark your calendars now to attend!

Registration details and more information will be released in February! All sessions are 9:00 a.m. to 3:00 p.m.

<b>County</b>	<b>Date</b>	<b>Location</b>
Clay	Tuesday, March 14th	Clay Co. Fairgrounds –4-H Building
Washington	Wednesday, March 15th	FNB Basement–Washington
Cloud	Thursday, March 16th	Distribution Center–Concordia
Republic	Friday, March 17th	NCK Fairgrounds–4-H Building





**River Valley Extension District**  
**Washington Office**  
214 C. Street, Courthouse  
Washington, KS 66968-1928

Address Service Requested

## 2023 River Valley Fair Dates

It is never too early to start planning for the County Fair! Below are the dates for all four River Valley District County Fairs. Keep an eye out for more pre-fair date information in upcoming newsletters.

Cloud County	July 18–23, 2023	Concordia
Washington County	July 18–23, 2023	Washington
Clay County	July 25–30, 2023	Clay Center
Republic County	July 31–August 6, 2023	Belleville

### RIVER VALLEY DISTRICT 4-H STAFF CONTACT INFORMATION

Macy Hynek 4-H Agent RVED – Belleville 785-527-5084 mhynek@ksu.edu	Diane Kussman 4-H Program Manager RVED – Belleville 785-527-5084 dkussman@ksu.edu	Melissa Baxter 4-H Program Manager RVED-Clay Center 785-632-5335 melissabaxter@ksu.edu	Brianna Hake 4-H Program Manager RVED – Concordia 785-243-8185 bmhake@ksu.edu	Brooke Stamm 4-H Program Manager RVED–Washington 785-325-2121 brooke6@ksu.edu
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Kansas State University Agricultural Experiment Station and Cooperative Extension Service. K-State Research is an equal opportunity provider and employer.

**Belleville Office** • 1815 M Street • Belleville, KS 66935-2242 • 785-527-5084

**Clay Center Office** • 322 Grant Avenue • Clay Center, KS 67432-2804 • 785-632-5335

**Concordia Office** • 811 Washington, Suite E • Concordia, KS 66901-3415 • 785-243-8185

**Washington Office** • 214 C. Street • Courthouse • Washington, KS 66968-1928 • 785-325-2121

***RiverValley4H@ksu.edu*** • ***Facebook.com/RiverValley4-H***



All Dates are Subject to Change

**Highlight, circle, underline, etc. the important dates for your family to remember!**

**Then, use this calendar as a reminder – place it on your fridge, with your calendar, on your bulletin board, etc.!**

Date	Time	Event	Location
<b>December</b>			
12/26		RVD Offices Closed – Merry Christmas	RVD Extension Offices
<b>January</b>			
1/2		RVD Offices Closed – Happy New Year	RVD Extension Offices
1/8	1:00 pm	Shooting Sports Safety Meeting/Practice	Cloud County Fairgrounds
1/11	4:30 pm	District 4-H Club Day Entries Due	Extension Offices
1/15		Registration Due for 4-H Day with K-State Women’s Basketball	
1/15	1:00 pm	Shooting Sports Practice	Cloud County Fairgrounds
1/15	2:00 pm	Ambassador Training	The Branch – Clyde, KS
1/16		RVD Offices Closed – Martin Luther King Jr. Day	RVD Extension Offices
1/20		NE Project Record Book Judging	Manhattan, KS
1/23	TBA	Cloud County 4-H Council	TBA
1/28		4-H Horse Panorama	K-State, Salina
1/30	7:00 pm	Republic County 4-H Council	4-H Building – NCK Free Fairgrounds
<b>February</b>			
2/6	6:30 pm	Clay Co. Ambassador Meeting	Ext. Office Meeting Room – Clay Center
2/6	7:00 pm	Clay Co. Jr. Leader Meeting	Ext. Office Meeting Room – Clay Center
2/6	7:45 pm	Clay Co. 4-H Council	Ext. Office Meeting Room – Clay Center
2/6	1:00 pm	4-H Day with K-State Women’s Basketball	Manhattan, KS
2/13	7:00 pm	Washington Co. 4-H Council	FNB Basement – Washington
2/18		District 4-H Club Day	Washington Co. High School
2/19	1:00 pm	Shooting Sports Practice	Cloud County Fairgrounds
2/19-20		Citizenship In Action	Topeka, KS
<b>March</b>			
3/1		State 4-H Scholarship Due	
3/6		Regional 4-H Club Day Entries Due	Extension Offices
3/11	9:00 am	Beef Weigh-In	Salava Vet Clinic – Clay Center
3/11	9:00 am	Beef Weigh-In	Animal Health Center – Washington
3/11		Junior Swine Producer Day	Manhattan, KS
3/13	7:00 pm	YQCA	Commercial Bldg – Cloud Co. Fairgrounds
3/18		Junior Meat Goat Producer Day	Manhattan, KS
3/19	1:00 pm	Shooting Sports Practice	Cloud County Fairgrounds
3/19	2:00 pm	Beef Weigh-In	81 Livestock – Belleville
3/19	5:30 pm	Beef Weigh-In	Cloud Co. Fairgrounds
3/25		Regional 4-H Club Day	Clay Center Community High School
3/27	TBA	Cloud County 4-H Council	TBA
<b>April</b>			
4/3	6:30 pm	Clay Co. Ambassador Meeting	Ext. Office Meeting Room – Clay Center
4/3	7:00 pm	Clay Co. Jr. Leader Meeting	Ext. Office Meeting Room – Clay Center

All Dates are Subject to Change

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Date	Time	Event	Location
<b>April Continued</b>			
4/3	7:45 pm	Clay Co. 4-H Council	Ext. Office Meeting Room – Clay Center
4/10	7:00 pm	Washington 4-H Council	FNB Basement – Washington
4/16	1:00 pm	Shooting Sports Practice	Cloud County Fairgrounds
4/17	5:30 pm	Small Animal Weigh-In	Washington Co. Fairgrounds
4/17	7:00 pm	YQCA	South Exhibit Hall – WS Co. Fairgrounds
4/17	7:00 pm	Republic County 4-H Council	4-H Building – NCK Free Fairgrounds
4/25	5:30 pm	Small Animal Weigh-In	Cloud Co. Fairgrounds
4/27	5:30 pm	Small Animal Weigh-In	Clay Co. Fairgrounds
<b>May</b>			
5/1		State Beef Nominations Due	
5/1		Add/Drop Project Deadline	
5/6	9:00 am	Small Animal Weigh-In	NCK Free Fairgrounds
5/6	10:30 am	YQCA	4-H Building – NCK Free Fairgrounds
5/7	1:00 pm	Shooting Sports Practice/Fair Shoot #1	Cloud County Fairgrounds
5/21	1:00 pm	Shooting Sports Fair Shoot #2	Cloud County Fairgrounds
5/29		RVD Offices Closed – Memorial Day	Extension Offices
<b>June</b>			
6/1	7:00 pm	YQCA	4-H Conference Cntr – Clay Co. Fairgrounds
6/1		Horse ID's and Registration Due	
6/5	6:30 pm	Clay Co. Ambassador Meeting	Ext. Office Meeting Room – Clay Center
6/5	7:00 pm	Clay Co. Jr. Leader Meeting	Ext. Office Meeting Room – Clay Center
6/5	7:45 pm	Clay Co. 4-H Council	Ext. Office Meeting Room – Clay Center
6/7-9		Discovery Days	Manhattan, KS
6/12	7:00 pm	Washington 4-H Council	FNB Basement – Washington
6/18	2:00 pm	Favorite Food Show	Ext. Office Meeting Room – Clay Center
6/24	9:00 am	Favorite Food Show	4-H Building – NCK Free Fairgrounds
6/28-29		NCK District Horse Show	Salina, KS
<b>July</b>			
7/1	4:30 pm	Republic Co. Pre-Fair Entry Deadline	
7/4		RVD Offices Closed – Independence Day	Extension Offices
7/6		RVD Geology/Entomology Judging	Cloud County Extension Office
7/8-9		Washington Co. Photo Mounting Workshop	KSDS – Washington, KS
7/11		Washington Co. Pre-Fair Judging	Washington County High School
7/12		Cloud Co. Pre-Fair Judging	Cloud County Fairgrounds
7/18-23		Cloud County Fair	Cloud County Fairgrounds
7/18-23		Washington County Fair	Washington County Fairgrounds
7/25-30		Clay County Fair	Clay County Fairgrounds