

[rivervalley.k-state.edu](http://rivervalley.k-state.edu)

# 4-H News

## River Valley District

**November &  
December  
2021**

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## Hynek Moves to 4-H Agent

Hello, River Valley District!

I am excited to announce that I am the new 4-H Youth Development Agent in the River Valley District. Many of you know me from across the district as the former Washington County 4-H Program Manager, Macy Flory. I have been a part of the 4-H Staff since February 2020. As much as I have enjoyed my time as the Program Manager, I am excited for this opportunity.

Over the past almost two years, I have thoroughly enjoyed watching and helping 4-H youth grow and succeed through our organization. One of the favorite parts of my job is getting to work with people. I look forward to getting to work with and meet 4-Hers and their families from all four counties.

My job as the 4-H Youth Development Agent is to develop and implement 4-H programming across the entire district. Diane, Brianna, and Rachel are 4-H Program Managers. Their job is to manage their specific county and the day-to-day 4-H operations of their office.

I graduated from Kansas State University in May 2020 with a bachelor's degree in Human Development and Family Science. During my time at K-State, I got the opportunity to be a part of a variety of research settings. I had the opportunity to work in Research Compliance, as well as two vastly different research teams, Plant Pathology and Applied Family Science. In my last year at K-State, I was fortunate enough to obtain an internship with K-State Research and Extension. This allowed me to work with seven counties across the state of Kansas as well as three program areas within K-State Research and Extension. This is where my passion for working with youth and rural Kansas communities really started.

I was raised on a farm near Pomona, Kansas, which is about an hour south of Topeka. My husband, Ryan, was born and raised in Washington County. We now live on a farm near Haddam, Kansas, where we own a cow-calf operation and raise corn, beans, milo, and wheat. We have a strong passion for agriculture and enjoy being outdoors. Some of my hobbies include traveling, hunting, fishing, and playing cards, however anytime spent with family and friends is time well spent. I am happy to have made North Central Kansas my lifetime home.

Ryan and I recently got married at the beginning of October. As of November 1st, my name will appear as Macy Hynek and my new email will be [mhynek@ksu.edu](mailto:mhynek@ksu.edu).

I can't wait to work with each one of you. Please feel free to contact me at 785-527-5084 or stop by the Belleville Extension office.



## ***District Club Days***

2022 District Club Day will be held at Cloud County Community College in Concordia. Please mark your calendars for January 29, 2022! As we continue to plan this event, we will send out more information to your email.



## ***Air Contest- Application, Interview & Resume***

River Valley 4-H is excited to continue the 3<sup>rd</sup> annual AIR Contest at the 2022 4-H District Club Day. According to the 4-H Youth Development Study completed at Tufts University, 4-H members are four times more likely to contribute to their communities.

Whether you want to start a career or further your education or are applying for scholarships, please consider taking the opportunity to practice these necessary skills before you need to put them in place.

The River Valley District has many career options for young people and those businesses are seeking the right candidates such as 4-H members. This year, the contest will feature businesses in Cloud County. Don't live in Cloud County? Do not worry! Taking the opportunity to learn about those business and have the chance to interview with them, can open a door to the future and to help build those life skills you will need to be successful!

Senior 4-H members (4-H age 16 to 18 as of January 1, 2022) are invited to take part in this contest. You will apply for 1 of the 4 job opportunities offered by filling out an application, interview with a panel built of the 4 business representatives, and submit a resume that shows off the best part of yourself. The applications, cover letters, and resumes will be due to your local Extension Office on Wednesday, January 5 and interviews will be held on Saturday, January 29 during 4-H District Club Day.

The AIR contest has cash prizes for the top four individuals, first place- \$80.00, second place- \$60.00, third place, \$40.00, fourth place- \$20.00.

More details, including job descriptions and the process, will be available in early December on our website ([www.rivervalley.k-state.edu/4-h](http://www.rivervalley.k-state.edu/4-h)), in your local Extension Offices, and mailed to all eligible 4-H members! If you have any questions, please contact your local 4-H Program Manager.

## ***Tis the Season for Cloverbuds***

Cloverbud day camps are back and we are excited! This December, we are holding three day camps across the district, welcoming our youngest members into 4-H. This fun filled day will consist of meeting our Ambassadors, fun activities, and a whole lot of Christmas spirit.

Cloverbuds are welcome to attend the date that works best for their family.

Washington County and Clay County – December 5, 2021 from 2:00 pm to 4:00 pm at the Palmer Community Building

Cloud County- December 12, 2021 from 2:00 pm to 4:00 pm at the Commercial Building

Republic County – December 12, 2021 from 2:00 pm to 4:00 pm at the 4-H Building

More information about registration and activities for the events will be sent via email to our Cloverbud families.

## **Officer Training**

WOW!! You have just been elected by your 4-H club into a position they thought you would be good at.

Here is your opportunity to self-train yourself by participating in the **River Valley District Officer Training Scavenger Hunt!!** You have been sent an email from your 4-H Program Manager – It consists of six questions for every officer to complete plus you need to answer the questions for the office that you were elected for.

You must not guess at the answers, but look up the answers in the material on our RVD website at <https://www.rivervalley.k-state.edu/4-h/officers-training.html>. If you want to get a printed copy of your office resources, contact your local 4-H Program Manager and they will be happy to print it for you.

Your completed Officer Scavenger Hunt needs to be turned into your local office no later than Monday, November 15<sup>th</sup>. Remember each office has a drop box if you can't get to the office during business hours. You could also scan them and email to your 4-H Program Manager if that is easier for you to get them in on time. Completing officers training can be a check off on your club seal report and pin applications too. If you have any questions – contact your extension office or 4-H Program Manager. Have fun hunting for the answers while you learn!

## **Shooting Sports**

River Valley District 4-H offers five Shooting Sports disciplines – BB Gun, Air Rifle, Archery, Small Bore Rifle (22), and Shot Gun. We host all Shooting Sports Safety Meetings, Practice Shoots, and Fair Shoots at the Cloud County Fairgrounds (East of Concordia – just south of the intersection of Industrial Road and Kansas Highway 9). This year, all safety meetings and registrations will take place in the Hosie Building.

Per National and State 4-H Bylaws, enrolled 4-H members between the 4-H ages of 8 to 18 (before January 1<sup>st</sup>, 2022) are eligible to participate in Shooting Sports. Kansas 4-H competitive age is 9 (before January 1<sup>st</sup>, 2022), for a state event or state qualifying match. Youth must be enrolled in the project through 4-HOnline and attend a safety meeting. Our Shooting Sports instructors may determine if youth are developmentally able to participate in each discipline. A parent/guardian **MUST** accompany youth to each discipline at each shoot.

All members planning on participating in shooting sports must attend one of the two safety meetings with a parent or guardian. Paperwork and payment will need to be filled out after the safety meeting as they will then be able to shoot that day.

Sunday, November 14, 2021 1:00 pm Registration and Safety Meeting (Practice Shoot to follow)

Sunday, November 21, 2021 1:00 pm Registration and Safety Meeting (Practice Shoot to follow)

### **Registrations & Sign In**

You must check in before every shoot at the Hosie Building. Failing to sign in will result in no credit for that shoot.

### **Fees**

Shooting Sports fees help cover the expenses of materials, instructor training, etc. The total cost due per 4-H member will depend on which disciplines the 4-H'er is participating in. All fees **MUST** be paid prior to youth participating in their first shoot. Due to inflation the price of ammo has gone up tremendously and because of that, we are having to raise the prices of shooting sports.

BB, Air Rifle, and Archery - \$15

Small Bore - \$15

Shot Gun - \$25

Trap Team - \$30, and you must provide your own shells

## **Horse Panorama**

Horses, horses and more horses – Is this your spark?? Mark your calendar and consider attending this year's Horse Panorama!!

When: January 28-30, 2022

Where: Rock Springs Ranch – Junction City, KS

Who can attend: 4-H Members 7-18 and adult volunteers

Why should I go: There will be educational activities for 4-Hers of all ages.

Horse Panorama is a compilation of various contests related to the Horse project. Contests include quiz bowl, hippology, public speaking presentations, photography, and educational posters. Be watching your email for more information on this state 4-H event.

## ***4-H Woodworking Project Meeting Series***

Are you in the woodworking project or might have an interest with working with wood? Well, here is an opportunity you might want to take part in. A senior Woodworking 4-Her has decided to be a project leader this year and has planned some exciting tours and wanted to invite anybody in the River Valley District to tag along.

Be watching for more details for a tour of US Wood Slabs Lumber Mill in Belleville KS and having a session with a guest speaker that is a woodworking teacher/4-H Judge talking about “What does a judge look for?”

Not enrolled in Woodworking?? That’s okay, you are still welcome to join in the fun!

## ***STEM Programming***

The River Valley District 4-H Staff is offering STEM programming. STEM stands for Science, Technology, Engineering, and Math. These programs build and teach youth to be creative, problem solve, develop life skills, ingenuity, resourcefulness, patience, and curiosity. It is a hands on learning experience that applies to the world around us.

We are excited to start building activities for youth in our school systems and our 4-H organization to learn through STEM. Contact your local River Valley Extension office for more information.

4-H offers STEM projects in:

Ag Mechanics (Welding)

Rocketry/Aerospace

Architectural Block Construction

Robotics

Astronomy

Small Engines

Computer Science

Unmanned Aerial Systems

Electricity/Electronics

Woodworking

Renewable Energy

## ***4-H Volunteers***

The 4-H Volunteer process has been modified and streamlined. When you, as an adult 4-H Volunteer, enroll through 4-HOnline, the process will take place of what was prior the paper volunteer application. Once you enter your information in the system this year, you will simply have to reenroll each year (<https://v2.4honline.com>). As you complete your 4-HOnline profile, please remember to complete ALL sections, including what project areas you are willing to volunteer with and volunteer trainings.

If you are a returning 4-H Volunteer and have completed a criminal background check (CBC) within the last 3 years, this may be all you have to do! Your local 4-H Program Manager will contact you if additional information is needed.

If you are a first year 4-H Volunteer, your local 4-H Program Manager will be contacting you regarding completing a CBC and to follow up with the training process.

Thank you to all of the current River Valley District 4-H Volunteers! The impact a 4-H Volunteer has is truly priceless. While the RVD has been fortunate to have wonderful volunteers, there is a constant need for more adults to lead our 4-H youth!

Take a moment to think about what skills and passions you possess that you could share with 4-H youth. Maybe you have a neighbor, family member, teacher, etc., who would be a great volunteer with 4-H. Help us recruit them to assist with our youth development program! You can share with them the enrollment process or they can contact your local 4-H Program Manager to discuss volunteer options.

## State and Local 4-H Scholarships

Each year, Kansas 4-H Foundation and its donors give numerous scholarships to excelling 4-H members. All current 4-H members that are high school seniors or past 4-H members attending post-secondary education are eligible for these scholarships. Please follow the steps carefully and assemble it in the correct order. Kansas 4-H Scholarships will be due March 1, 2022 at 11:59 p.m. You will need complete the following:

- Complete Kansas 4-H Scholarship Application- Qualtrics
- Transcript
- One-page list of 4-H leadership, community service, participation, and recognition
- One-page list of non-4-H leadership, community service, participation, and recognition in school and community
- 4 Minute Max length video “How 4-H has impacted me?”
- Recommendation Letter saved as .PDF
- 4-H Extension Agent Name and email address

Do not wait until the last minute! Ask for a letter of recommendation as early as possible to be considerate of others and their busy schedules.

Check out opportunities at your local extension office if local scholarship opportunities are available.

A lot of the information will be on your permanent record IF you kept it up to date correctly, including participation, leadership, citizenship, and recognition.

We wish those 4-H member that are high school seniors and college students the best with all their future endeavors!

## County Champion Project Records for Area Judging

Since it is November, County Achievement Celebrations are being held. During this county event the 4-H members that filled out Project Records are recognized for completing these. The winner in the Senior Division can advance on to the Northeast Area Project Record Judging which is held in Manhattan in January.

The second part of the Kansas 4-H Project Recognition process is the Regional Project Award Screening. Senior age 4-H members are eligible to advance to the regional screening if they are chosen as the project award winner in their local unit. Only one youth per project area is allowed per County Extension Unit. Extension Districts may submit one youth equal to the number of counties comprising the district. Each 4-H'er must submit a separate project award for each program they are eligible. The following items must be turned in for a complete Regional Project Award submission:

1. Check Sheet
2. Personal Information Page
3. Project Report Form
4. Cover Letter
5. Resume

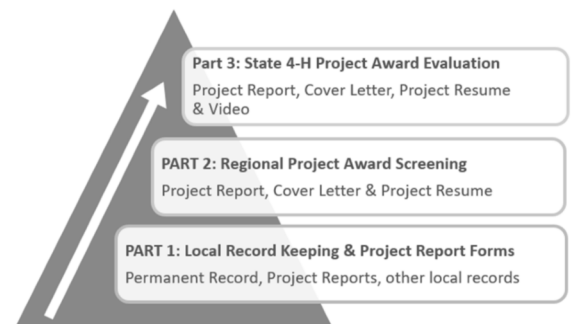
There are several helpful resources to help you prepare your Cover Letter & Resume:

They can be found online at <https://www.kansas4-h.org/resources/awards-and-recognition/regionalscreening.html>

[The Guide to Kansas 4-H Project Recognition](#)- see pages 9 & 10

[Cover Letter & Resume Evaluation Rubric](#)

[KSU Career Center](#)



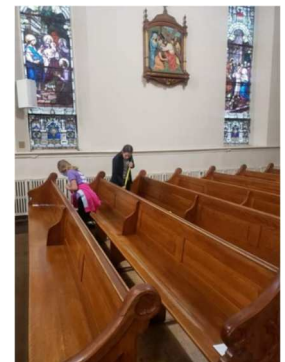
## 48 Hours of 4-H in the River Valley District

River Valley 4-Hers gave up part of their weekend on October 9th & 10th to give back to their communities during 48 Hours of 4-H. This service event is held at the end of National 4H Week and is an opportunity for the kids to give back to the community. Thank you to those clubs who submitted photos and information!

Clay County has a county wide committee for 48 Hours of 4-H and they decided to do a sock drive for Home Health patients in the county and Meals on Wheels in the Clay Center area. This is the flyer they used to advertise the event. They accepted sock donations from October 18 to November 6.



The Hill and Dale 4H Club participated in the Kansas 48 Hours service challenge. Club members passed out drinks and snacks to drivers in the harvest line at the Concordia Terminal on October 9th.



The Hanover 4-H Club participated in 48 Hours of 4-H by cleaning at St. John's Catholic Church in Hanover.



The Washington State Lake benefited from 48 hours when the Stick To It 4-H club took the time to clean up the area. They also enjoyed roasting hot dogs and making s'mores after all of their hard work was completed.

The Merry Meadowlarks 4-H Club were busy supporting two local communities during 48 Hours of 4-H. The 4-H youth washed windows for local businesses in Cuba. Afterwards they headed to Haddam to clean up the park's playground equipment.



Farmington 4-H Club participated in 48 Hours of 4-H during the weekend of October 9th and 10th. The 4-H youth raked up leaves and pulled weeds from Munchkinland at the city park in Washington. They finished the day by sacking up the debris and properly disposing of it.



Lucky Four 4-H Club participated in 48 Hours of 4-H by helping with their local Buddy Walk in Clyde. The club helped set up and clean up for this important local event.

The Discovery 4-H Club painted the fence at the local cemetery in Bellville for their community service project during 48 Hours of 4-H.



The Linn Livewires 4-H Club gave back to their local community during 48 Hours of 4-H. The 4-H youth cleaned up flowerbeds, decorated pumpkins, and made cards for the nursing home residents.

The Happy Workers 4-H Club had a busy day participating in 48 Hours of 4-H. The 4-H youth cleaned up debris and painted the back of the building and fence behind Ricky's café in Hanover.



The Busy Bee 4-H Club created boxes to gather supplies for the annual Washington Angel Tree. They placed these boxes around town in local businesses. The 4-Hers picked up the boxes and contributed donations as individuals of the 4-H Club. The Angel Tree Project gives to community members who are less fortunate during the holidays.



# RIVER VALLEY DISTRICT 4-H CALENDAR OF EVENTS



**Highlight, circle, underline, etc. the important dates for your family to remember!**

**Then, use this calendar as a reminder – place it on your fridge, with your calendar, on your bulletin board, etc.!**

Date	Time	Event	Location
<b>November</b>			
11/01		4-H Financial Reviews Due	RVD Extension Offices
11/01	6:30 pm	Washington Co Robotic Interest Night	Extension Office - Washington
11/02	6:30 pm	Clay Co Robotic Interest Night	Extension Office – Clay Center
11/04		KYLF Registrations Closes	Online
11/06	6:00 pm	Clay Co Achievement Celebration	Methodist Church – Clay Center
11/06	9:00 am	Shutterbugs (Photography Day)	Oskaloosa, KS
11/06		Socks for Senior Drive Ends	Clay Center, KS
11/07	2:00 pm	Republic Co Achievement Celebration	4-H Building – Belleville
11/07	5:30 pm	Cloud Co Achievement Celebration	Commercial Building - Concordia
11/11		RVD Offices Closed – Veterans Day	RVD Extension Offices
11/14	1:00 pm	Shooting Sports – Safety Meeting & Practice	Fairgrounds – Concordia
11/15		4-H Officers Scavenger Hunt Forms Due	RVD Extension Offices
11/16	6:30pm	Advanced Robotic Team Practice	4-H Building-Belleville
11/18	6:30pm	Advanced Robotic Team Practice	Extension Office - Washington
11/20	6:00 pm	Washington Co Achievement Celebration	High School Gym - Washington
11/20-11/21		KYLF	Rock Springs Ranch
11/21	1:00 pm	Shooting Sports – Safety Meeting & Practice	Fairgrounds – Concordia
11/25-11/26		RVD Offices Closed – Thanksgiving	RVD Extension Offices
11/29	7:30 pm	Cloud Co 4-H Council	Commercial Building - Concordia
<b>December</b>			
12/5	2:00 pm	Cloverbud Day Camp	Palmer Community Building-Palmer
12/06	6:30 pm	Clay Co Ambassador Meeting	Extension Office Meeting Room
12/06	7:00 pm	Clay Co Junior Leader Meeting	Extension Office Meeting Room
12/06	7:45 pm	Clay Co Council Meeting	Extension Office Meeting Room
12/12	2:00 pm	Cloverbud Day Camp	4-H Building – Belleville
12/12	2:00 pm	Cloverbud Day Camp	Commercial Building- Concordia
12/13	7:30 pm	Washington Co Council Meeting	First National Bank - Washington
12/24-12/31		RVD Offices Closed	RVD Extension Offices
<b>January</b>			
1/01		RVD Offices Closed – New Year Day	RVD Extension Offices
1/16	1pm	Shooting Sports Practice Shoot	Fairgrounds – Concordia
1/17	7:00	Republic Co 4-H Council	4-H Building
1/18		Sr KAP due for NE Area Judging	RVD Extension Offices
1/20		NE Area Project Record Judging	Pottorf Hall, Manhattan
1/23	1pm	Shooting Sports – Practice Shoot	Fairgrounds – Concordia
1/29		District Club Days	Cloud Co Community College
1/31	7:30 pm	Cloud Co 4-H Council	Commercial Building - Concordia
<b>February</b>			
2/07	6:30 pm	Clay Co Ambassador Meeting	Extension Office Meeting Room
2/07	7:00 pm	Clay Co Junior Leader Meeting	Extension Office Meeting Room
2/07	7:45 pm	Clay Co Council Meeting	Extension Office Meeting Room
2/14	7:30 pm	Washington Co Council Meeting	First National Bank - Washington
2/19-21		Citizenship – In – Action	Topeka, KS
2/27	1:00 pm	Shooting Sports – Practice Shoot	Fairgrounds – Concordia



# RIVER VALLEY DISTRICT 4-H CALENDAR OF EVENTS

## **March**

3/20	1:00 pm	Shooting Sports – Practice Shoot	Fairgrounds – Concordia
3/28	7:00 pm	Cloud Co 4-H Council	Courthouse Meeting Room

## **April**

4/03	1pm	Shooting Sports Practice/Fair Shoot	Fairgrounds – Concordia
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## **May**

5/01	1pm	Shooting Sports Practice/Fair Shoot #1	Fairgrounds – Concordia
5/22	1pm	Shooting Sports Fair Shoot #2	Fairgrounds – Concordia
5/31		Discovery Days	Manhattan, KS

## **June**

6/01-2		Discovery Days	Manhattan, KS
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## **July**

7/19-23		Washington Co Fair	Fairgrounds - Washington
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## **August**

8/2-7		NCK Free Fair	Fairgrounds - Belleville
8/07		Shot Gun State Qualifier Practice	Fairgrounds – Concordia
8/13		Shot Gun State Qualifier	

**River Valley Extension District**  
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 Washington, KS 66968-1928

Address Service Requested

## District 4-H Ambassadors

The Ambassadors represent and promote the 4-H program throughout our communities. 4-H youth from across the district have applied, interviewed, and received the opportunity to be a 4-H Ambassador. These high school age members will serve their county by promoting 4-H. The following youth and advisors will be serving as 4-H Ambassadors for the 2021-2022 year.

Clay: Haylie Avery, Kaley Chambers, Reece Geer, Chayla Maichel, Ryan McClure, Sierra Stewart, Judy Stitt - Advisor

Cloud: Levi Cool, Bricen Benyshek, Megan Barr, Moyra Barnes, Daegen DeGraff, Aubrey Stahlman, K'Lynn Barr - Advisor

Republic: Blake Aurand, Natalee Bray, Sherice Frasier, Kadence Henke, Andrew Hubert, Emma Hubert, Kiersten Morgan, Ella Pachta, Zach Piroutek, Camryn Reynolds, Avery Stindt, Lauren Field - Advisor

Washington: Aliyah Sinn, Reanna Rencin, Carissa Kolle, Octavien Cardenas, Cole Meyer, Payton Fahey, Addison Herrs, Jasmine Jueneman, Hope White, Kaitlin Bruna – Advisor

RIVER VALLEY DISTRICT 4-H STAFF CONTACT INFORMATION				
Macy Flory 4-H Agent RVED – Belleville 785-527-5084 mhynek@ksu.edu	Diane Kussman 4-H Program Manager RVED – Belleville 785-527-5084 <a href="mailto:dkussman@ksu.edu">dkussman@ksu.edu</a>		Brianna Hake 4-H Program Manager RVED – Concordia 785-243-8185 bmhake@ksu.edu	Rachel Footit 4-H Program Manager RVED – Washington 785-325-2121 rachelvalleyacres@ksu.edu

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**Clay Center Office** • 322 Grant Avenue • Clay Center, KS 67432-2804 • 785-632-5335

**Concordia Office** • 811 Washington, Suite E • Concordia, KS 66901-3415 • 785-243-8185

**Washington Office** • 214 C. Street • Courthouse • Washington, KS 66968-1928 • 785-325-2121

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