

News Column for Use Week of March 25, 2024
Monica Thayer, Family Resource Management Extension Agent
River Valley Extension District
March 22, 2024

Cut the Clutter

With the official start of Spring last week, Spring Cleaning may be on your mind. By the advertisements for city cleanups and garage sales, I would guess it is on a lot of our minds to declutter our space, but where in the world do you start?

Start by attending a Cut the Clutter and Get Organized program where you will learn about clutter, the impact it can have on your health, tips and tricks to get started, and how to maintain the progress you've made.

Cut the Clutter and Get Organized is currently scheduled for three sessions in the River Valley District.

Wednesday, April 3rd at 12:15 p.m. at the Chamber of Commerce Office at 207 W 6th St, Concordia. RSVP to RVD-Concordia at 785-243-8185.

Thursday, April 18th at 12:15 p.m. at FNB Basement at 101 C St, Washington. RSVP to RVD-Washington at 785-325-2121.

For these two in-person events, we welcome you to bring your lunch and encourage a sack lunch to start decluttering your fridge and cabinets.

If you are unable to attend an in-person event, I am hosting a webinar session via Zoom on Monday, April 15th at 12:15 p.m. RSVP to RVD-Belleville at 785-527-5084 with your email address for the Zoom link. Attendees are welcome to eat their lunch while watching.

The Zoom session will be recorded, so if you cannot attend but would like the recording, call RVD-Belleville at 785-527-5084 with your email address so a link to the recording can be shared with you.

For any questions regarding decluttering or these upcoming programs, contact Monica Thayer, Family Resource Management Extension Agent, at 785-527-5084 or mthayer@ksu.edu.

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